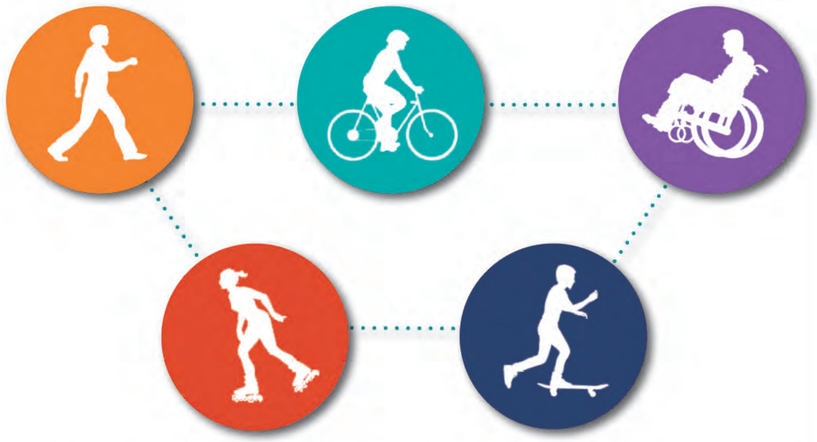
WHAT IS ACTIVE TRANSPORTATION?



Active transportation is any form of human powered transportation, e.g., walking, cycling, using a wheelchair, in-line skating or skateboarding.

Fayetteville's active transportation network provides walkers, cyclists and other users with clear pathways and connections to important destinations, just like streets and roads do for motorized vehicles.

Fayetteville is working to build a system of sidewalks, trails, and bicycle facilities connecting your home, work, school, shopping, entertainment and other destinations.

63% of Fayetteville residents currently live within 1/2 mile of a shared-use paved trail

By 2040, this number is projected to increase to **97%**

THE CITY'S ACTIVE TRANSPORTATION GOALS

1. Endeavor to create an inclusive multi-modal transportation system.
2. Work to build a trail connection within one half mile of every residence.
3. Increase the active transportation commuting mode share to 15% by 2020.
4. Identify, prioritize and address missing bicycle and pedestrian linkages.
5. Partner with advocates to address bicycle and pedestrian needs.
6. Earn bicycle friendly community designation of Silver by 2017.*

**Goal met in 2016. Going for Gold in 2020!*

THE "5 E" RECOMMENDATIONS

from the
LEAGUE OF AMERICAN BICYCLISTS

THE LEAGUE OF AMERICAN BICYCLISTS *since 1880*

ENGINEERING Creating safe and convenient places to ride and park bicycles.

EDUCATION Giving people of all ages and abilities the skills and confidence to ride bikes.

ENCOURAGEMENT Creating a strong bike culture that welcomes and celebrates bicycling.

ENFORCEMENT Ensuring safe roads for all users.

EVALUATION & PLANNING Planning for bicycling as a safe and viable transportation option.

To learn more visit: Fayetteville-ar.gov/ATP

CHOOSE ACTIVE TRANSPORTATION

GET MOVING!

WHAT ARE THE BENEFITS OF ACTIVE TRANSPORTATION?

FOR YOU:

Active transportation can improve your physical, mental, and emotional well-being.

Consistent walking or biking has been shown to improve balance and coordination, decrease the risk of heart disease, and even improve mental health.

Choosing active transportation can also have a positive effect on your bank balance by reducing the costs of vehicular maintenance, fuel, insurance, and health care.

FOR THE COMMUNITY:

The benefits of a robust active transportation network can improve a community in many ways. Benefits include enhanced quality of life for residents, a cleaner environment, and greater economic resilience.

"Fayetteville's culture of active transportation plays a critical role in promoting our city's economic viability as well as the health and well being of all our residents."

-Mayor Lioneld Jordan

HOW CAN I GET STARTED WITH ACTIVE TRANSPORTATION?

TRY A CAR-FREE TRIP

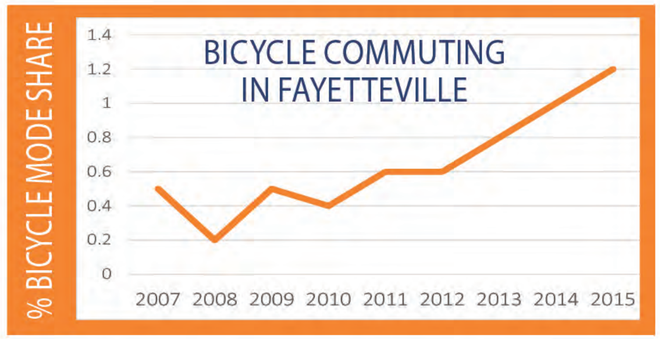
BIKE COMMUTE TO WORK OR SCHOOL

Map your route from work or school to your home. Check out the Fayetteville bike and trail maps to see if your route is partially or completely bikable.

More and more Fayetteville residents are experiencing the benefits of biking to work. Join the movement!

DISCOVER WALKABLE DESTINATIONS

Think about the destinations you visit on a weekly basis such as the grocery store, a park, or the library. Many of these may be within a reasonable walking distance.



23% of work trips in Fayetteville are less than 3 miles, 15 minutes by bike

40% of US car trips are less than 2 miles

PARK LESS. WALK MORE.

Reach multiple destinations from a single parking space by planning your trip to inlcude walking between stops.

Skip the parking meter by walking to downtown entertainment district destinations or by finding free parking a little further away.

EXPLORE OUR BIKE FRIENDLY COMMUNITY

BICYCLE FRIENDLY COMMUNITY 2010-2020 SILVER THE LEAGUE OF AMERICAN BICYCLISTS

Fayetteville has been awarded the prestigious Silver Designation by the League of American Bicyclists.