Office of the Mayor City of Fayetteville roclamation



WHEREAS:

mental health is part of overall health, and

WHEREAS:

one in five adults experiences a mental health problem in any given year, and approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24,

WHEREAS:

suicide is the 10th leading cause of death in the United States and the 2nd leading cause among young adults, and 90% of people who die by suicide have an underlying mental illness,

and

WHEREAS:

long delays — sometimes decades — often occur between the time symptoms first appear and when individuals get help.

WHEREAS:

early identification and treatment can make a difference in successful management of mental illness and recovery, and

WHEREAS:

it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is

needed, and

WHEREAS:

every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from

getting help, and

WHEREAS:

public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

NOW THEREFORE, I, Lioneld Jordan, Mayor of the City of Fayetteville, Arkansas do hereby proclaim October 7 through October 13, 2018 as

"MENTAL ILLNESS AWARENESS WEEK"

in Fayetteville, Arkansas and encourage all citizens, businesses, schools and community organizations to help shine a light on the need for equal and timely care for those suffering from a mental illness.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Fayetteville, Arkansas to be affixed on the 7th day of October, 2018.

Attest:

ndra E. Smith